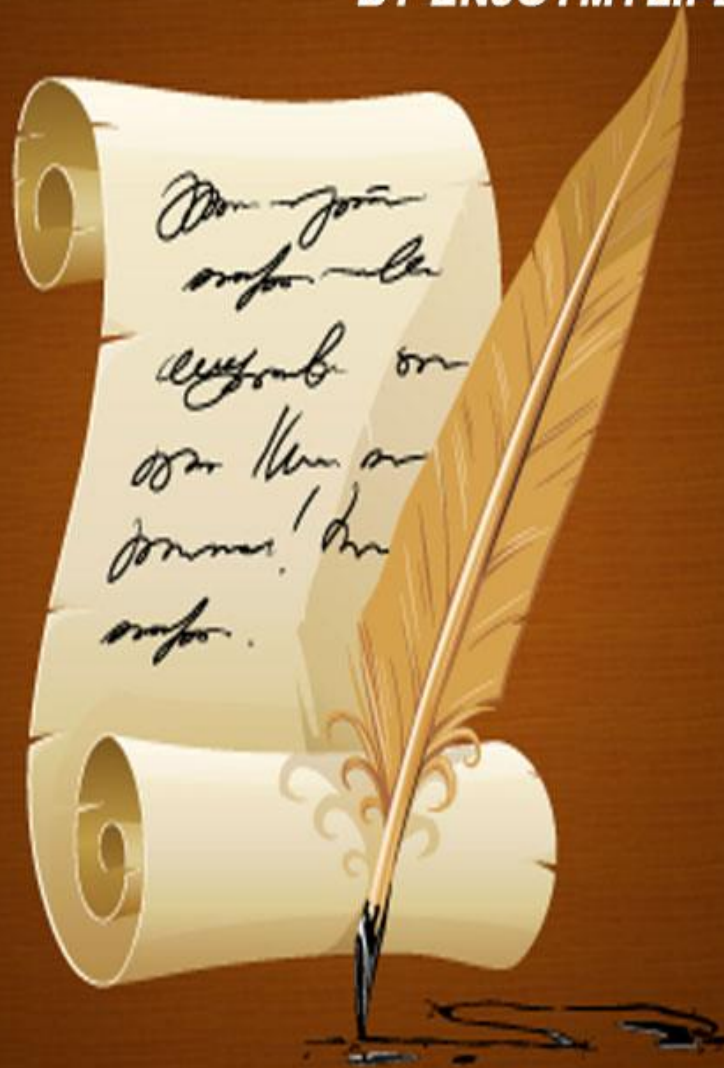


SECRETS OF THE LAW OF ATTRACTION

BY ENJOYMYLIFE.ORG



What Is The Law Of Attraction?

The law of attraction is a school of thought according to which a person's thoughts alone are sufficient to change the world around them and allow them to achieve absolutely anything they want.

Though there is no specific scientific rationale behind the law of attraction, it offers a novel yet simple way of looking at things.

Though strictly speaking a misnomer, the 'law' of attraction is unique in that it allows people to perceive the world very differently.

According to the law, it is an individual's thoughts and feelings that affect the world around them. Therefore, positive thoughts bring good things while negative thoughts bring bad things. The earliest proponent of this ideal was Thomas Troward who believed that thoughts were the origin of all things physical.

There is much debate about the validity of the law of attraction.

Rational thinkers claim that all 'evidence' that supports this law is anecdotal and that published results are undeniably biased. Additionally, the law raises a lot of questions that cannot be satisfactorily answered.

One of the most common questions skeptics raise is this: if two different people have strongly conflicting thoughts, which of them gets what they want?

Another question that weakens the law of attraction is, if something bad happens to a person, does it mean that they actually wanted it to happen?

To an individual who has just heard of the law, these questions may seem to make it foolish to pursue something that is so far-fetched.

However, there is more to the law of attraction than most people understand.

In order to truly understand the law, you must first stop perceiving the world objectively and try to switch to a mode of perception known as 'subjective reality'.

According to subjective reality, there is only one true consciousness in the perceivable universe and that is oneself.

Everything 'physical' that is perceived all around is simply a projection of one's consciousness. Therefore, the intentions and thoughts of the other people who we seem to 'share' the universe with have no effect on reality whatsoever.

In other words, living life is like dreaming. The universe we observe and interact with is illusory, and it is your own will that affects reality.

This way of perceiving reality is disturbing for many people. Which is the main reason why the law of attraction often remains unaccepted.

Secrets of the Law of Attraction By EnjoyMyLife.org

Most people who hear about it take it in its most literal sense and fail to see the underlying tenet, which when simply put spells "think positive".

Positive thought makes it a lot easier to get through day to day life.

The constant hope and belief that good things are coming and that all problems that you may be facing will quickly be solved allows you to think calmly and clearly and therefore take actions that will eventually solve the problems.

Due to the constraints of time and the laws of physics that govern the observable universe, it is very difficult to connect actions and their consequences accurately.

Due to our constant interaction with the universe around us, it is even more difficult to connect our thoughts with events we may be seeing in our daily lives.

The validity of the law of attraction cannot be tested objectively, so as to provide a kind of commonly accepted 'proof' for the same.

However, the law can be tested subjectively.

If a group of individuals testing the law report their findings impartially and without bias, it is very likely that their results will be similar.

A study conducted among a group of individuals involved showing them certain uncommon and rarely used words from the English dictionary. The individuals were asked to think deeply about the word and its meaning and were then made to use the word in many different sentences.

A week later, the individuals reported that they observed repeated occurrences of the word during that week in different situations - in conversations, in the news, in books and a number of other places.

Though critics pointed out a number of flaws in the way the study was conducted, as well as the baselessness of the findings reported, the individuals who participated in the study were fascinated by what had happened.

It can therefore be said that the law of attraction is something to be tested and determined by you alone, regardless of whether there is empirical proof to establish its validity.

The law of attraction is perhaps one of the most noble and profound schools of thought. While it seems to promote selfishness and boosts the ego, it does quite the opposite.

Consider this: we see poverty, hunger and death in the world because of our own thoughts, at some level.

By altering your thoughts and visualizing a world where there is peace, happiness and prosperity, it is likely that 'reality' as we know it will eventually change and give rise to a world where these 'problems' no longer exist!

Click Here to Learn & Enjoy Your Life with Vikash at <http://EnjoyMyLife.org>

Secrets of the Law of Attraction By EnjoyMyLife.org

If this example is on too large a scale to be appealing, then applying it on a smaller scale will work equally well.

The most successful people and leaders all believe in the law of attraction in some form or the other.

The law is not about competition and conflicting consciousness but about thinking positive and wishing well for all of the observable universe.

Not only does the law require you to embrace subsidiary principles such as non-violence, truth, equality, benevolence and peace, it also encourages you to truly apply them - by first inculcating the values in your mind and then watching them transform into reality.

There are many who do not accept the law of attraction in its entirety. Within their subjective perceptions of reality, individuals are free to pick and choose aspects of the law that appeal to them, and discard those that don't.

- In summary, the basic tenets of the law of attraction are as follows:

The positivity and goodness of your thoughts directly influence the universe and reality as we know it.

The changes that your thoughts make to reality usually happen in such small and subtle ways that we seldom connect our thoughts and the effect they had. The fastest way to make something happen is to truly desire it, believe in it and start working towards it in any way possible.

Using The Law of Attraction To Achieve A Better Life

Law of Attraction and Finances

Our road to financial freedom begins with our thoughts.

If we focus on lack and shortage we will get that.

Have you ever wondered why some people will never be rich despite the fact that they are very hardworking?

This is because they have formed a habit of thinking and talking about lack of money.

Money to them is never enough hence they go ahead to borrow more money since they believe they don't have enough money.

These people end up in debt and the cycle goes on and they never get out of that situation. To them the world of abundance does not exist.

These people have also not mastered the art of giving due to their perceived lack of money. The fact that you get what you give applies here and they end up getting nothing.

Rich people have learnt the art of using the law of attraction to their advantage.

They believe that they are meant to be rich. They are not afraid to take the risk that comes with investing.

They are quick in making investment decisions because they know that all will work out well and the risk will bear good fruits. They end up reaping good fruits.

They see an opportunity in things that many would think would be a calamity.

This can be seen in people who have turned a bad situation into a business opportunity due to their positive way of looking at life.

To those who have learnt this secret I urge you to go on and to those who are yet to learn, it is never too late to make a brand new start and acquire wealth by applying this law of attraction.

Law of Attraction and Relationships

The law of attraction shapes our relationship with people.

In general, the way we relate with other people is a reflection of our thoughts.

We treat people the way we think they deserve to be treated.

Secrets of the Law of Attraction By EnjoyMyLife.org

If we think negative thoughts about other people, for example thoughts of hatred and contempt, even if we try to hide and smile at them it always shows in our actions.

There is always that moment when the truth comes out.

We may not be aware of this but other people around us tend to notice. Even those people we don't like can be able to see through our pretence. This shows that we can't hide the negative thoughts we have about others.

Hence in order to have good a relationship with people it is important to have positive thoughts about them.

In addition we also tend to get what we think about others.

If we think that others are bad people, they may end up being those people we think they are.

This is usually the case where people involved are close to us such as our children, spouses and our close friends.

People who work hard to live right and make us happy may stop all this if they sense discouragement from us.

They will give up trying and just go ahead to be those people we imagine them to be.

The negative thoughts may end up creating mistrust, lack of love and lack of respect and end up ruining our relationships.

We should therefore learn to use the law of attraction to improve and maintain a good relationship with others.

This law can also help those looking for love to find it and even find it with the people they want.

Law of Attraction and Health

The law of attraction can also help us achieve healthy lifestyles.

People who have positive thoughts are less likely to get depression, stress and other associated diseases.

People who become ill can recover more quickly and their survival rate is higher as compared to people with negative thoughts.

Those who recover from even the gravest of diseases put their minds and efforts to achieving full recovery.

They follow their doctor's instructions and don't bury themselves in self-pity.

As a result their health usually improves.

Click Here to Learn & Enjoy Your Life with Vikash at <http://EnjoyMyLife.org>

Secrets of the Law of Attraction By EnjoyMyLife.org

This is also the case with people who want to lose weight.

It all starts with having positive thoughts and even seeing ourselves at that weight we want to achieve.

We then work hard and follow what we are supposed to do and at the end of it we end up getting the result we were after.

We should therefore become masters in using the law of attraction to have healthy lives.

Law of Attraction and Success

The success and happiness of many people has been attributed to the law of attraction.

Many who have learnt how it works have been rewarded abundantly with successful and happy lives.

These are the people who believe that the sky is the only limit.

They have dared to dream and have faith even in what initially seem to be hopeless situations.

They believe in the fact that they have what it takes to succeed and can get what they want. This have made them not settle for anything less even in seemingly hopeless situations.

Giving up is not their style.

This is the story of every successful man: ask them and they will tell you that they had a dream, believed in themselves and in that dream and they are enjoying the results of that dream.

The reverse is also the case of unsuccessful people. They lacked that belief in themselves and in their dream and they are where they are because of their bad thoughts and negativity.

Let us all master the art of using the law of attraction so as to have wealthy, successful, healthy and fulfilling lives.

Law of Attraction Manifestation

The law of attraction is a universal law saying that you will achieve or attract to your life anything that you put focus on.

Anything focused on, with enough energy and emotion, be it positive or negative is attracted to your life.

Simply put, "like attracts like".

Manifestation on the other hand refers to means or procedures used to actualize ideas.

The law of attraction is not new but has been taught and applied for years to the achievement of success.

However, some people try to apply the law but along the way they are distracted and everything falls apart before they attract the desired positive things to themselves.

This gave rise to a number of suggested tips directed towards the law of attraction manifestation.

The first step towards the law of attraction manifestation is determining what you need, the urgency with which you need it, and the reason for desiring such a value or thing.

It is valuable to have fixed desires, usually two or three of them, and then narrow those down to one idea that deserves all your attention.

Having goals that do not have a deep meaning for you will not trigger the necessary energy, emotion and determination to achieve success and definitely the law will fail to manifest.

Knowing what you want will help you determine whether you are following the right steps as suggested by this universal law. It is therefore worth knowing your purpose in life so as to set goals that will see you through.

The second tip towards manifestation is avoiding issues and things that will influence you negatively.

Such influences as comments in the social media and blogs could bring a dream down.

Stay positive and act as though you are one step away from your desire.

Whilst negative influences and comments from people are almost inevitable, take them as though they are meant to make you strong.

The best means of staying positive is by being thankful.

Secrets of the Law of Attraction By EnjoyMyLife.org

Being grateful shifts attention towards positive values that we are thankful for and, as the law of attraction says, positive thoughts will bring about positive desires of life.

Focus on what you want and devote maximum attention to it.

Start with a clear mind because it gives more focus than a distracted mind.

Sometimes we are tempted to shift focus to things that we desire to be changed in our lives and forget the actual ones that we need. Whether those are love, money, fame, health or anything else.

The world naturally gives a way of achieving what we want but after we have invested our attention in it.

The freedom towards achieving reality is strengthened by attention.

Attention is simply letting the feeling of that goal occupy your conscious mind all the time.

We have the ability of selecting the direction of our thoughts and we should therefore develop the art of tuning our thoughts in a positive direction to give us the drive of attention.

Manifestation of the law of attraction won't take place unless you swing into action.

Thoughts and emotions alone cannot achieve a desire but rather should be synchronized with physical action.

The law of attraction will only suggest ideas and the right path towards a goal but action will involve following up the suggestions using the right means and getting ready to receive the outcome.

However slow the action may be, be consistent with your baby steps because they lead somewhere.

It is the responsibility of an individual to step out and seek their desired life. If you need either love or money, the law will guide through but move out and seek them.

Be consistent

This will determine the success or failure in manifesting the law of attraction.

Sustaining a consistent thought is daunting to many people and that is often a reason why the law of attraction seems to work for them but then fails after some time.

The number of times you meditate on a goal has a direct influence on the rate at which it will be manifested.

The possibility of effect will increase depending on the repetitiveness of actions directed towards achieving that effect. It is similar to experience or practice, that the

Click Here to Learn & Enjoy Your Life with Vikash at <http://EnjoyMyLife.org>

Secrets of the Law of Attraction By EnjoyMyLife.org

more you do something, the better you get.

Create a written record of you goals and desires.

This may be a diary, where words or images relating to your goals are recorded for easy follow-up. This will make the goals real and the more you revisit the diary and look at the record, the greater the chances of devoting more considerable thought. Record keeping will keep you updated on what you have already achieved and what you are yet to work on.

Visualize goals and desires as though you have already achieved them.

For success to occur, the mind should be attuned to forming vivid positive mental images to reside in the conscious part of the brain always.

Being optimistic keeps you alert for the slightest signs of achievement so that you work towards refinement.

Learn to use affirmations and visualizations.

Be flexible and let the possibility of automatic manifestations occupy your mind.

This is the real meaning of visualizations: expecting positive things to be revealed to you from nowhere.

Affirmations will give you the strength to say out loud your goals. Words have a way of playing with influence and are a simple means of admitting to yourself that the set goals are real.

Dreams are vital in the manifestation of goals and desires.

Think of goals before resting the brain in bed. It will tune the mind to navigating ways towards success even in sleep. They may not be real, but dreams have a foundation in the human mind. They will even serve as a motivating factor.

Above all, have faith.

It is a positive belief about future events, ideas or goals with a likelihood of occurring as expected.

Have faith that the goals to which you apply the law of attraction will come to pass some day.

The law of attraction works with anyone, provided you apply the right tools for its full manifestation.

Affirmations: The Cornerstone of the Law of Attraction

The law of attraction is one of the simplest laws ever made; for it simply states that you attract into your life whatever it is you think about the most.

The dominant thoughts will definitely find a way to manifest into your life.

To ensure that you have positive dominant thoughts, it is therefore important to use law of attraction affirmations.

These are guiding thoughts in the form of sentences that ensure your line of thinking is grounded solely on the positive things that you desire.

The law of attraction is a universal principle that can be applied by anyone, anywhere and at any time. It is always in action. So are the affirmations.

Law of attraction affirmations are an intentional form of self discussion or talks that are intended to instil positive thoughts in your mind.

They are usually short single sentences that are repeated every now and then.

Because our lives are usually a by-product of what we believe in and think about, affirmations are therefore positive in nature and generally encouraging. They are rarely about maintaining the status quo; they are mostly for self improvement purposes. These thoughts are driven by a desire to improve and be better.

How powerful are affirmations?

Law of attraction affirmations gain strength from repetition.

There is no shortcut to this. The more you say or read the listed affirmations, the more impact they will have on your reality.

The most important facet of affirmations is to fully feel the exact physical feelings that the affirmations portray. You need to feel the good feeling of wealth if it is material wealth you are seeking or feel the wonderful feeling of wellbeing if you desire to heal yourself.

This will make you feel relaxed and confident that at the very marrow of your bones and at the bottom of your soul the feelings are real and possible.

The statements will stop sounding hollow and meaningless and will fill you with optimism and possibility. Because affirmations are not a single event but are rather a long and winding process, it is important to adapt your affirmations to your feelings.

It is highly advisable to change your law of attraction affirmations if they feel out of reach or you are unable to convince yourself about their possibility.

Secrets of the Law of Attraction By EnjoyMyLife.org

Adapting your affirmations should not be seen as a sign of weakness. To the contrary, it shows a high level of awareness with your feelings and emotions and should be encouraged.

Affirmations can be changed in such instances to include words like potential, choose, or willing to enable the said words feel true and real at that particular point in time.

A statement like "I will succeed on this project....." can be changed to read "I have the potential to succeed on this project....."

Affirmations are choices that we make every day.

These choices are made by our feelings and thoughts.

It thus follows that the more these thoughts are processed, felt and used the more real they will become.

The more often these affirmations are used; the faster more opportunities will appear and the happier one will be with the positive path that his/her life will be taking.

It is also important to have fun and enjoy working with affirmations.

You can choose to sing them, have them artistically written on a piece of paper, color them in your favorite colors, make them a part of what you love.

Place them somewhere you enjoy sitting or in a book you enjoy reading, inside a car you enjoy driving and in a language that you enjoy speaking!

Affirmations should never be viewed as tasks or rites that have to be performed. They are a lifestyle or change that you desire. They should never be done under pressure and within timelines.

How to write strong and powerful law of attraction affirmations

Contrary to popular belief writing affirmations is not very difficult.

There are several guidelines that, once adopted, will ensure all your affirmations are strong and powerful.

Well written affirmations are:

- In the present tense
- Short, precise and to the point
- Positive in nature
- Believable
- Literal
- Use the writers voice

Affirmations should never be in the form of "One day I will be rich....."

Click Here to Learn & Enjoy Your Life with Vikash at <http://EnjoyMyLife.org>

Secrets of the Law of Attraction By EnjoyMyLife.org

Use the present tense when writing.

Use words like "I am now slim....."

Affirmations are not meant to give you hope, they are meant to give you the feeling you of whatever you are targeting, immediately.

If you are targeting affluence your statement should provide you with the feeling of affluence at that particular instant.

Statements like "I will get....." should be avoided at all costs.

Never write long winding sentences as law of attraction affirmations.

The sentences should be brief and short.

Use words that you can understand, spell correctly and memorize if need be. This ensures that you will use them more frequently and appropriately.

As earlier stated affirmations are all about positivity and feeling good about yourself.

It is foolhardy to have negative thoughts about anything reflected in affirmations and expect something positive to emanate from them.

The use of words that have a negative connotation should be avoided: "I am not sick..." the word sick has a negative feeling and should thus be changed with a statement that reads "I am healthy..."

You must believe what you are affirming.

It must be something plausible and possible.

Wishing to drive or own a car whereas you don't even have a driving license does not sound very realistic.

It is important to affirm something that you truly believe can happen or is happening at that instant.

There must be a literal and real desire to achieve or have the law of attraction affirmations happen.

They are usually very powerful sentiments and must be desired by every vein in our system.

Wishing for twins and not just a child is a literal affirmation and you must be sure that you really desire twins and are capable of taking care of them.

It is also important to be authentic and original and use words and sentences that you normally use in your day to day conversations.

Click Here to Learn & Enjoy Your Life with Vikash at <http://EnjoyMyLife.org>

Secrets of the Law of Attraction By EnjoyMyLife.org

Do not copy word for word what someone else has written; give it your voice by putting it in such a way that it comes from you and can easily identify with it.

With Best Regards,
Vikash Kumar

About the Author:

[Vikash Kumar](#) is a [web geek](#) and founder of [EnjoyMyLife.org](#), a popular self-help website based on his own personal life experiences and learning's. Visit frequently for your daily dose of inspiration, tips & tutorials.